Calculating the Personal Year Number

To calculate the Personal Year number for a given year, first reduce the numbers of the Birthday, month and year to a single digit. Note that if the result is either 11 or 22, do not reduce to a single digit. For example, for a person with a Birthday on June 29th, you would calculate the Personal Year number for 2006 as follows:

- 1. Birth Month: June, 6th month
- 2. Birth Day: 29, 2 + 9 = 11, do not reduce
- 3. Calendar Year: 2006, 2 + 0 + 0 + 6 = 8
- 4. Add the results for the Month, Day and Year: 6 + 11 + 8 = 25.
- 5. Reduce the total to a single digit or Master number: 2 + 5 = 7. The Personal Year number for 2006 for someone whose Birthday is June 29th is 7.

The Personal Year begins in January and ends in December. For detailed descriptions as well as yearly planning exercises for each Personal Year, see Chapters 4 - 12.

How to Calculate the Personal Year				
Example for 2006 for a person Birthday is June 29	whose			
	Α	В	С	
Current Year	2006	2+6	8	
Birthday	29	2+9	11	
Birth Month	6	6	6	
Sum of numbers in column C.			25	
Reduce sum to single digit		2+ 5 = 7		
The Personal Year number is 7	7.			

The Personal Month Number

The Personal Month number provides helpful information for planning your year on a month-by-month basis. It will not change or significantly modify the trends indicated by your Personal Year number, but it will help focus its energy into productive areas of activity. To calculate a Personal Month, add the Calendar Month, reduced to a single digit or Master number and the Personal Year number. For example, the Personal Month for December, for a person whose Personal Year is 7:

- 1. Personal Year: 7
- 2. Calendar Month: December, 12^{th} month, 1 + 2 = 3
- 3. Add the Personal Year number to the Calendar Month number: 7 + 3 = 10 = 1.

For the interpretation of your Personal Months, consider Master numbers as well as Karmic Debts. The energy of the Personal Month begins on the 1st of the month, and ends on the last day. Its influence peaks in the 2 middle weeks of the month and wanes in the last few days.

You will note from the following Table that the 6, 7, 8 and 9 Personal Years each contain a complete 9 month cycle. These years are important in that they are a time when much accomplishment is possible. When you have reached the 6 Personal Year, initial research, study and preliminary work should have been completed, and you may want to focus the bulk of your energies on completing projects and attaining goals.

How to Calculate the Personal Month				
Example for December for a pe Whose personal year is 7	rson			
Current Personal Year Calendar Month Sum of numbers in column C	A 7 12	B 7 1+2	7 3 10	
Reduce sum to single digit		11		
The Personal Month number is	1.			

The Personal Day Number

For added insights on a day-to-day basis, consider your Personal Day number. This influence is less important than the Personal Month number, yet being aware of it can help with the planning and organizing of your weekly and daily activities. To calculate your Personal Day number, add the values, reduced to single digits or Master numbers, of the Calendar Month, the Calendar Day and your Personal Year. In the example below for February 14th, for a person whose Personal Year is 7:

- 1. Personal Year number: 7
- 2. Calendar Month: February, 2
- 3. Calendar Day: 14, 1 + 4 = 5
- 4. Add the numbers: 7 + 2 + 5 = 14/5.

In this example, there is a Karmic Debt number behind the Personal Day number, 14. If this was your number for this day and a friend had set you up on a dinner date, your Valentine's evening would probably not turn out as you expected! The 14/5 typically brings change, unexpected events and surprises.

Interpretations for Personal Days are similar to those for Personal Months and Personal Years, but should be scaled down to a day-to-day level of activity. Before interpreting a Personal Day number, keep in mind your global yearly picture, that is, your Personal Year number, as well as your monthly trends as indicated by your Personal Month number. Also keep in mind your potential as indicated by your Life Path and Birth Day numbers, and your relationship to the numbers. Note Karmic Debt influences. The following interpretations are meant as suggestions to help you determine the nature of the energy of the day. Use the keywords to interpret your days according to your lifestyle.

How to Calculate the Personal Day					
Example for the 14th of February, for a person whose Personal Year is a 7.					
Current Personal Year Calendar Month Calendar Day	A 7 2 14	B 7 2 1+ 4	C 7 2 5		
Sum of numbers in column C	;		14		
Reduce sum to single digit		14/5			
The Personal Day Number is	5 with a 14	influence.			